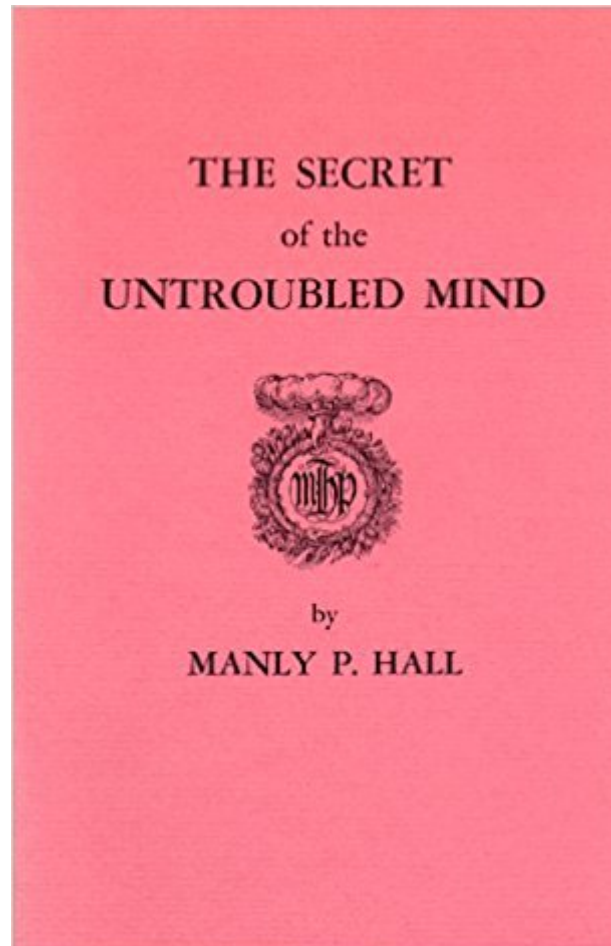




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# Secret Of The Untroubled Mind



## Synopsis

A discussion of hunger and fatigue as symptoms of psychic pressure, followed by guidelines of overcoming feelings of futility.

## Book Information

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Manly P. Hall was the founder of the Philosophical Research Society. In over seventy-five years of dynamic public activity, he delivered more than 8,000 lectures in the United States and abroad, and authored countless books, essays, and articles. In his lectures and writings, Manly Hall always emphasized the practical aspects of philosophy and religion as they applied to daily living. He restated for modern man those spiritual and ethical doctrines which have given humanity its noblest ideals and most adequate codes of conduct. Believing that philosophy is a working tool to help the individual in building a solid foundation for his dreams and purposes, Manly Hall steadfastly sought

recognition of the belief that world civilization can be perfected only when human beings meet on a common ground of intelligence, cooperation, and worthy purpose.

Don't let other minds trouble your mind. Dont trouble your own mind.

It gave me the insight am looking for.

It's M. Hall. As always... good information. Even if you read it, and say I already know this. It is always good to have a reminder, and validation.

This is not a book more like a pamphlet

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